REAL NAPPIES

Whatever type of nappy you will use it will have an environmental impact. However, disposable nappies do cause a significant problem to our crowded landfill sites, where they take around 300 years to biodegrade and during the process of decomposition release methane gas, a more potent greenhouse gas than CO_2. Every year councils in the UK spend over £40 million sending disposable nappies to landfill.   In a household with a baby, up to 50% of their household rubbish could be disposable nappies!

Each baby will go through around 5,000 disposable nappies in a 2½ year period which equates to 156 black bags and will weigh approximately the same as a family car!

Do you like the idea of using natural cotton nappies for your baby? Modern cotton nappies are easy to use, easy to care for, attractive and stylish as well. They are real because they can be used again and again, unlike disposable nappies. They are real because they are not made from plastic and do not contain chemicals. They are real because they fit in easily with your lifestyle and are as simple to use as disposables.

Why should you choose real nappies?

- It saves you money! You could save up to £500 from birth to potty training, by using real nappies. Save more money by using them again on a second baby!

- Modern reusable nappies are just as easy to use as disposables with many fastened with Velcro, poppers and very few styles requiring folding.

- Babies using reusable nappies tend to potty train 6 months earlier than those using disposables.

- It takes less energy to wash reusable nappies between 40 - 60º than it does to make new disposables.

- They are made from natural cotton which is kinder to your baby's skin.

- Approximately one tonne of disposable nappies per baby are landfilled from birth to potty training – the very first disposables are still slowly rotting away in landfill sites.

For more information on real nappies click on the link highlighted below:

https://www.goreal.org.uk/wp-content/endurance-page-cache//_index.html