

SPORTS COACHING CALENDAR 2018

All Sports Courses: Full price ticket £32, Discount Ticket £26 per course per person. See notes on back of leaflet for details.

Code	Course	Additional Information	Dates	Times	Days	Venue	Numbers
Central (Coleraine area)							
C1	Bodyboard & Surf	9 & 10 years, equipment provided	02.07.18 - 05.07.18	3.00pm - 5.00pm	Mon - Thurs	East Strand, Portrush	16
C2	Dinghy Sailing in association with Coleraine Yacht Club Dinghy Sailing	Min Age 10 years	02.07.18 - 05.07.18	10.00am-12.00pm	Mon - Thurs	Portrush Harbour	8
C3		Min Age 10 years					
C4	Judo	Beginners Course 7 - 10 years Beginners Course 11 - 15 years	02.07.18 - 06.07.18	2.00pm-3.00pm	Mon-Fri	Coleraine Leisure Centre Coleraine Leisure Centre	20
C5	Judo		02.07.18 - 06.07.18	3.00pm-4.00pm	Mon-Fri		20
C6	Paddle Sports	Boys & Girls 10 - 15 years Combination of Paddle Boarding, Kayaking and Canadian Canoeing. Must be able to swim. Bring own towel, footwear (which is ok to get wet) & warm clothes	02.07.18 - 05.07.18	11.00am-1.00pm MUST ARRIVE AT 10.30AM EACH DAY	Mon- Thur	The Edge Watersports Centre at the Crannagh	12
C7	Rowing	Boys & Girls 12 - 14 years Beginners Course - Must be able to swim 25 metres Bring a towel, change of clothes, normal sports clothes, no jeans	02.07.18 - 06.07.18	10.00am-12.00pm	Mon-Fri	Bann Rowing Club	12
C8	Tennis	Beginners Course 5-12 years	02.07.18 - 06.07.18	11.00am-12.00pm	Mon-Fri	Anderson Park, Coleraine	20
C9	Golf	Beginners Course 6-9 years Beginners Course 10-14 years	03.07.18 - 13.07.18	10.30am-11.30am	Tues-Fri	Ballyreagh Golf Course, Portrush Ballyreagh Golf Course, Portrush	12
C10	Golf		03.07.18 - 13.07.18	11.30am-12.30pm	Tues-Fri		12
C11	American Field Sports Camp	Boys & Girls 10 - 15 years American football, Frisbee, Lacrosse, Baseball & Rounders	16.07.18 - 20.07.18	10:30am - 12:00pm	Mon - Fri	Flowerfield Green, Portstewart	20
C12	Bodyboard & Surf	11 - 13 years, equipment provided	16.07.18 - 19.07.18	3.00pm-5.00pm	Mon-Thurs	East Strand, Portrush	16
C13	Paddle Sports	Boys & Girls 10 - 15 years Combination of Paddle Boarding, Kayaking and Canadian Canoeing. Must be able to swim. Bring own towel, footwear (which is ok to get wet) & warm clothes	16.07.18 - 19.07.18	11.00am-1.00pm MUST ARRIVE AT 10.30AM EACH DAY	Mon- Thur	The Edge Watersports Centre at the Crannagh	12
C14	Rackets Camp	Boys & Girls 9 - 14 years Develop your racket skills and play badminton, short tennis, squash & table tennis	16.07.18 - 20.07.18	3.30pm - 5.00pm	Mon-Fri	Coleraine Leisure Centre	24
C15	Sit-on-top Kayaking	Boys & Girls 8 - 10 years Bring own wetsuit, footwear & change of clothes. Must be able to swim & be water confident. Life vests supplied	16.07.18 - 19.07.18	3.30pm-5.30pm	Mon-Thurs	Portrush Yacht Club	8
C16	Sit-on-top Kayaking	Boys & Girls 11 - 15 years	16.07.18 - 19.07.18	6.30pm-8.30pm	Mon-Thurs	Portrush Yacht Club	8
C17	Golf	Beginners Course 6 - 9 years Beginners Course 10-14 years	17.07.18 - 27.07.18	10.30am-11.30am	Tues-Fri	Ballyreagh Golf Course - Portrush Ballyreagh Golf Course - Portrush	12
C18	Golf		17.07.18 - 27.07.18	11.30am-12.30pm	Tues-Fri		12
C19	Activ8 Wildcats Multi-skills and FUNdamentals Activity Camp	Boys & Girls 4 - 9 years	23.07.18 - 27.07.18	2.30pm - 4.00pm	Mon-Fri	Coleraine Leisure Centre	40
C20	Badminton	Boys & Girls 9 -15 years	23.07.18 - 27.08.18	4:00pm - 5:30pm	Mon - Fri	Coleraine Leisure Centre	24
C21	Beach Volleyball	Boys & Girls 12 - 15 years	23.07.18 - 27.07.18	11.00am - 12.30pm	Mon - Fri	East Strand Beach, Portrush	12
C22	Bodyboard & Surf	11 - 15 years, equipment provided	23.07.18 - 26.07.18	3.00pm - 5.00pm	Mon - Thurs	East Strand Beach, Portrush	16
C23	Tennis	Beginners Course 5 - 7 years Improvers Course 8 - 12 years	23.07.18 - 27.07.18	10.30am-11.30am	Mon - Fri	The Warren, Portstewart The Warren, Portstewart	12
C24	Tennis		23.07.18 - 27.07.18	11.30am-12.30pm	Mon - Fri		12
C25	Hockey	Boys & Girls 7-14 years	30.07.18 - 03.08.18	2.00pm - 4.00pm	Mon - Fri	Astro-turf pitch, Rugby Avenue	100
C26	Soccer School	Boys & Girls 4 - 8 years	30.07.18 - 03.08.18	10.00am - 12.00pm	Mon - Fri	3G Pitch, Rugby Avenue	100
C27	Soccer School	Boys & Girls 9 -15 years	30.07.18 - 03.08.18	10.00am - 12.00pm	Mon - Fri	3G Pitch, Rugby Avenue	100
C28	Athletics Startrack Camp	Boys & Girls 8 -15 years The perfect opportunity from absolute beginners upwards to get started in the world of athletics	06.08.18 - 10.08.18	10.00am - 12.00pm	Mon - Fri	Rugby Ave, Coleraine	24
C29	Girls 'Allowed' Fun Activity Camp	Girls 4 - 8 years Dance routines and sporting activities. Fun, friendship and High Energy!!	06.08.18 - 10.08.18	3.30pm-5.00pm	Mon-Fri	Coleraine Leisure Centre	30
East (Ballycastle & Ballymoney areas)							
E1	Girls 'Allowed' Fun Activity Camp	Girls 4 - 8 years Dance routines and sporting activities. Fun, friendship and High Energy!!	02.07.18 - 06.07.18	3.30pm - 5.00pm	Mon-Fri	Joey Dunlop Leisure Centre, Ballymoney	30
E2	Girls Rugby	9-14 years	02.07.18 - 06.07.18	10.00am - 12.00pm	Mon - Fri	Riada 3G Pitch, Ballymoney	40
E3	Golf	Beginners Course 6-9 years Beginners Course 10-14 years	02.07.18 - 12.07.18	1.30pm-2.30pm	Mon-Thurs	Ballycastle Golf Club Ballycastle Golf Club	12
E4	Golf		02.07.18 - 12.07.18	3.00pm-4.00pm	Mon-Thurs		12
E5	Trampolining	Boys & Girls 6 - 9 years Boys & Girls 6 - 9 years Boys & Girls 10 - 15 years	02.07.18 - 05.07.18	3.00pm-4.00pm	Mon-Thurs	Joey Dunlop Leisure Centre, Ballymoney	12
E6	Trampolining		02.07.18 - 05.07.18	4.00pm-5.00pm	Mon-Thurs		12
E7	Trampolining		02.07.18 - 05.07.18	5.00pm-6.00pm	Mon-Thurs		12
E8	Tennis	Boys & Girls 5 -7 years Boys & Girls 8 -12 years	16.07.18 - 20.07.18	2.00pm-3.00pm	Mon-Fri	Joey Dunlop Leisure Centre Ballymoney	12
E9	Tennis		16.07.18 - 20.07.18	3.00pm-4.00pm	Mon-Fri		12
E10	Mini Groovers'	Boys & Girls 4 - 8 years Dance to the latest chart beats with great moves and great grooves	23.07.18 - 27.07.18	3.30pm - 5.00pm	Mon - Fri	Joey Dunlop Leisure Centre Ballymoney	20
E11	Netball	Beginners 7 - 11 years	06.08.18 - 10.08.18	4.00pm - 5.30pm	Mon - Fri	Joey Dunlop Leisure Centre, Ballymoney	28
E12	Table Tennis	Boys & Girls 8 -14 years	06.08.18 - 08.08.18 & 10.08.18	2.00pm - 3.30pm	Mon -Wed & Fri	Ballymoney Methodist Church Hall	24
E13	Mini Groovers	Boys & Girls 4 - 8 years Dance to the latest chart beats with great moves and great grooves	13.08.18 - 17.08.18	3.30pm - 5.00pm	Mon - Fri	Sheskburn Recreation Centre, Ballycastle	20
E14	Soccer School	Boys & Girls 4 - 8 years	13.08.18 - 17.08.18	10.00am - 12.00pm	Mon - Fri	Joey Dunlop Leisure Centre, Ballymoney	100
E15	Soccer School	Boys & Girls 9 -15 years	13.08.18 - 17.08.18	10.00am - 12.00pm	Mon - Fri	Joey Dunlop Leisure Centre, Ballymoney	100
West (Limavady area)							
W1	Gymnastics	5-8 years, JUMP into Gymnastics Programme 9-12 years, JUMP into Gymnastics Programme	02.07.18 - 06.07.18	10.30am - 12.00pm	Mon-Fri	Dungiven Sports Centre Dungiven Sports Centre	30
W2	Gymnastics		02.07.18 - 06.07.18	12.30pm - 2.00pm	Mon-Fri		30
W3	Girls 'Allowed' Fun Activity Camp	Girls 4 - 8 years Dance routines and sporting activities. Fun, friendship and High Energy!!	16.07.18 - 20.07.18	3.00pm - 4.30pm	Mon-Fri	Roe Valley Leisure Centre, Limavady	30
W4	Tennis	Beginners Course 5 -7 years Beginners Course 8 -12 years	16.07.18 - 20.07.18	10.30am - 11.30am	Mon-Fri	Benone Tourist Complex Benone Tourist Complex	12
W5	Tennis		16.07.18 - 20.07.18	11.30am - 12.30pm	Mon-Fri		12
W6	Golf	Beginners Course 6 - 9 years Beginners Course 10-14 years	23.07.18 - 02.08.18	10.30am - 11.30am	Mon - Thurs	Roe Park Resort, Limavady Roe Park Resort, Limavady	12
W7	Golf		23.07.18 - 02.08.18	11.30am - 12.30pm	Mon - Thurs		12
W8	Beach Sports	Boys & Girls 8-14 years Beach Cricket, Frisbee, Tag Rugby, Beach Football & Rounders	30.07.18 - 03.08.18	2.00pm - 3.30pm	Mon - Fri	Benone Beach Meeting at kiosks adjacent to main beach entrance	24
W9	Gaelic Games Camp	Boys & Girls 6-13 years	30.07.18 - 03.08.18	2.00pm-4.00pm	Mon - Fri	3G Pitch at Dungiven Sports Centre	80
W10	Fly Fishing	Boys & Girls 10 - 14 years 'Learn to catch the fish of a lifetime'	31.07.18 - 03.08.18	10.00am - 12.00pm	Tues - Fri	Moorbrook Lodge, Castlerock	6
W11	Cricket	Boys & Girls 8 - 15 years	06.08.18 - 10.08.18	11.00am - 12.30am	Mon - Fri	Ballyspallen Cricket Club	40
W12	Rackets Camp	Boys & Girls 9 - 14 years Develop your racket skills and play badminton, short tennis, squash & table tennis	06.08.18 - 10.08.18	3.00pm - 4.30pm	Mon - Fri	Roe Valley Leisure Centre, Limavady	24
W13	Soccer School	Boys & Girls 4 - 8 years	06.08.18 - 10.08.18	10.00am - 12.00pm	Mon - Fri	3G Pitch, Scroggy Road	100
W14	Soccer School	Boys & Girls 9 - 15 years	06.08.18 - 10.08.18	10.00am - 12.00pm	Mon - Fri	3G Pitch, Scroggy Road	100
W15	Causeway Paralympic Club (children with a physical disability)	Develop multi skills and physical literacy includes Boccia, inclusive sports, athletics, basketball and many more.	13.08.18 - 17.08.18	3.00pm - 4.30pm	Mon - Fri	Roe Valley Leisure Centre	16