



## Coleraine Leisure Centre Swim Academy January - March



### Main Pool

| Monday<br>13/01/20 - 16/03/20 |         |         |
|-------------------------------|---------|---------|
| TIME                          | LEVEL   | AREA    |
| 345-415                       | Level 5 | Shallow |
| 345-415                       | Level 6 | Middle  |
| 345-415                       | Level 7 | Deep    |
| 345-415                       | Level 9 | Length  |
| 415-445                       | Level 5 | Shallow |
| 415-445                       | Level 6 | Middle  |
| 415-445                       | Level 7 | Deep    |
| 415-445                       | Level 8 | Length  |
| 445-515                       | Level 5 | Shallow |
| 445-515                       | Level 6 | Middle  |
| 445-515                       | Level 7 | Deep    |
| 445-515                       | Level 8 | Length  |

| Tuesday<br>14/01/20 - 24/03/20      |          |         |
|-------------------------------------|----------|---------|
| St Patricks Day Break<br>17/03/2020 |          |         |
| TIME                                | LEVEL    | AREA    |
| 345-415                             | Level 5  | Shallow |
| 345-415                             | Level 6  | Middle  |
| 345-415                             | Level 7  | Deep    |
| 345-415                             | Level 9  | Length  |
| 415-445                             | Level 5  | Shallow |
| 415-445                             | Level 6  | Middle  |
| 415-445                             | Level 7  | Deep    |
| 415-445                             | Advanced | Length  |

| Thursday<br>16/01/20 - 19/03/20 |       |      |
|---------------------------------|-------|------|
| TIME                            | LEVEL | AREA |
|                                 |       |      |
|                                 |       |      |
|                                 |       |      |
|                                 |       |      |
|                                 |       |      |
|                                 |       |      |
|                                 |       |      |

### Minor Pool

|         |         |       |
|---------|---------|-------|
| 345-415 | Level 1 | Minor |
| 415-445 | Level 2 | Minor |
| 445-515 | Level 3 | Minor |
| 515-545 | Level 4 | Minor |

|         |         |       |
|---------|---------|-------|
| 345-415 | Level 1 | Minor |
| 415-445 | Level 2 | Minor |
| 445-515 | Level 3 | Minor |
| 515-545 | Level 4 | Minor |

|         |         |       |
|---------|---------|-------|
| 345-415 | Level 1 | Minor |
| 415-445 | Level 2 | Minor |
| 445-515 | Level 3 | Minor |
| 515-545 | Level 4 | Minor |

| Saturday<br>18/01/20 - 21/03/20 |         |       |
|---------------------------------|---------|-------|
| TIME                            | LEVEL   | AREA  |
| 930-10                          | Level 3 | Minor |
| 930-10                          | Level 2 | Minor |
| 10-1030                         | Level 4 | Minor |
| 10-1030                         | Level 3 | Minor |
| 1030-11                         | Level 1 | Minor |
| 1030-11                         | Level 2 | Minor |

10 Lesson Course £57.50

All children enrolling in Swimming Lessons must be 4 years of age on the date the Course commences.

All children must enrol on the level the coach has recommended.

If a coach feels that the child's ability is surpassing/lacking the appropriate level, he/she has the right to remove them and recommend a higher/lower level.