SWIMMING POOLS OPENING HOURS
1st January 2020 – 11th April 2020

Main Pool	
Earlybirds Mon,Wed,Fri Tues, Thurs	8.00am to 9.10am Public Lanes 7.30am to 9.15am Public Lanes
Lunchtimes Mon,Wed,Thu,Fri Tue	12.30pm to 1.30pm 12.45pm to 1.30pm
Monday	No Afternoon/Evening Sessions
Tuesday	5.00pm to 7.30pm Limited Public Session 7.30pm to 8.30pm Ladies Only 16+ 8.30pm to 9.30pm Limited Pool Lanes
Wednesday	3.00pm to 9.00pm Limited Public Session
Thursday	3.00pm - 5.00pm Public Session 5.00pm to 8.30pm Limited Pool Lanes
Friday	3pm to 6.30pm Public Session POOL DISCO KIDS WITH LEARNING & PHYSICAL DISABILITIES 6.45pm - 7.30pm POOL DISCO 8.00pm - 9.00pm (ages 8-14yrs)
Saturday	9.30am to 5.00pm Public Session
Sunday	2pm to 5.45pm Public Session

Minor Pool	
Mon, Tues, Wed, Thurs	11.00am to 1.30pm
Fri	11.30am to 1.30pm
Monday	6.00pm to 8.30pm Public Session
Tuesday	6.00pm to 7.30pm Public Session
Wednesday	3.00pm to 8.00pm Public Session
Thursday	6.00pm to 8.30pm Public Session
Friday	3.00pm to 6.30pm Public Session POOL DISCO KIDS WITH LEARNING & PHYSICAL DISABILITIES 6.45pm - 7.30pm POOL DISCO 8.00pm - 9.00pm (ages 8-14yrs)
Saturday	9.30am to 5.00pm Public Session 18th Jan - 21st Mar 11am - 5.00pm Public Session
Sunday	2pm to 5.45pm Public Session

Pool Admission Policy / Children

Minor Pool At least one responsible person (16years +) to accompany no more than 3 children aged 5-7yrs or 2 children if one or both children are under 5years.

Main Pool At least one responsible adult (16years+) to accompany no more than 2 children under 8years of age.

'Accompanied' means within close contact in the water at all times.

Waterslides not available January 2020