

GETTING IN TOUCH:

To find out more about any Sports Development Programmes in your area please contact:

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WHERE TO FIND US:



[www.facebook.com/
colerainespportandrecreation](http://www.facebook.com/colerainespportandrecreation)

** Like our page now to keep up to date with club times, dates, venues and prices as these are subject to change. **

Sport & Wellbeing
Department:

**Causeway Coast & Glens
Borough Council**

Cloonavin, 66 Portstewart Road,
Coleraine, BT52 1EY

0287034 7234

www.causewaycoastandglens.gov.uk



**Causeway
Coast & Glens
Borough Council**

GET ACTIVE, STAY ACTIVE PROGRAMME FOR YOUNG PEOPLE

WINTER 2018

Great Value Club Prices...

£3.00 pay as you play
or
£24.00 for all 10 weeks

****Prices apply for all GREEN coded clubs inside****

INCLUDING:



'Get Active — Stay Active' Programme



**Bambinos Soccer/
Multi-Skills Club**

4 - 6 years & 7—11 years
Wednesdays 3.30pm - 4.30pm
Coleraine Leisure Centre
17/1/18 - 21/3/18



This Club aims to improve children's abilities in the following areas: agility, balance, co-ordination, body movement, team work and confidence! A fun way to start learning new soccer skills, make new friends, get active and have lots of fun!



**Bushmills Bambinos
Soccer School**

Boys & Girls 4 - 8 years
Fridays 4.30pm - 5.30pm
Bushmills Community Centre
19/1/18 - 23/3/18

A fun way to start learning new soccer skills and games.

Saturday Morning Live

Boys & Girls 8-14 years
Saturdays 10.00am - 12.00pm
Coleraine Leisure Centre
20/1/18 - 24/3/18
(excluding 17/3/18)



Take part in ... A wide range of activities including various Sports / Dance / Games / Arts & Crafts/ Teen Gym(12yrs+) / Swimming, relax in our Exclusive Games Suite (Nintendo Wii / Playstation / Xbox) and much much more!

'Get Active — Stay Active' Programme



Garvagh Phoenix Volleyball Club

12 - 18 years
Thursdays 7.00pm - 8.00pm
Jim Watt Sports Centre, Garvagh
Starts back Thursday 11/1/18
£3 per week

Learn how to dig, volley, serve, positional play and develop the necessary skills to play this exciting team sport for both male and females.

Causeway Trampoline Club

@ Coleraine Leisure Centre



10.00am — 11.00am 6-9yrs
11.00am — 12.00 noon 10-14 yrs
13/1/18 - 10/3/18 (excluding 4/2/18)
8 week programme £45.00 per participant
To book please call the team @ CLC on 0287034 7202

Recreational and competitive trampoline classes strive far from the common garden trampoline fun, trampoline gymnasts will be coached by qualified coaches, beginning with the basic skills and developing to single, multiple somersaults and twisting skills.

Coleraine West Table Tennis Hub



Boys & Girls 9 - 14 years
Wednesdays 6.30pm - 7.30pm
Coleraine West Community Centre
17/1/18 - 21/3/18
£2.00 per week

Table Tennis club for children of all abilities. Beginners most welcome.

Contact Stephen McCartney for more information (details on reverse)

Coleraine Junior Hockey



Boys & Girls P4 - P7
Saturdays 9.30am - 10.30am
Coleraine Hockey Pitch @ Rugby Avenue
Saturday 20/1/18 - 24/3/18
Junior membership £55 for season

* In association with Coleraine Ladies Hockey *

A great way to introduce young people to the sport of Hockey.

'Get Active — Stay Active' Programme



Cougars Special Olympics Basketball Club

Tuesdays - Boys & Girls 6 years +
Junior Club (under 16s) 7.00-8.00pm
Senior Club (over 16s) 8.00-9.00pm
Loreto College Coleraine, Sports Hall
Starts back Tuesday 9th January 2018
£5.00 yearly membership & £3.00 per week

Special Olympics basketball club for children and adults both male and female with learning difficulties. Learn how to play this fast paced sport in a fun safe environment.

Contact Jonathan McFadden for more information (details on reverse)

**Harry Gregg Foundation
Coleraine Striker's**



Wednesdays - Boys & Girls 5 years +
5-13 yrs 6-7pm / 14yrs+ 7-8pm
University of Ulster Coleraine, Sports Hall
Starts back Wednesday 10th January 2018
£2.00 per week

Football coaching for children and adults with a disability. Players are coached in skills progression, team play and small sided games.

For more information contact Derek McFaul on 07801260939 or email info@harrygregg.com

BE KEPT UP TO DATE:

If you would like to be kept up to date with Sports Development & Physical Recreation clubs and courses happening throughout the year then why not be added to our mailing list and get the information direct to your inbox.

Simply email:

lisa.mullan@causewaycoastandglens.gov.uk



**Causeway
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Borough Council**