

# HAP

HOME ACCIDENT  
PREVENTION  
Causeway Coast  
and Glens

Home Safety Officer  
Causeway Coast and Glens  
Riada House  
14 Charles Street  
Ballymoney  
BT53 6DZ

## CAUTION CAUTION CAUTION

### Top 10 Home Safety Tips

1. Avoid trips, slips and falls by ensuring halls and stairways are always well lit and clutter free
2. Stay safe from fire by testing smoke alarms monthly and be sure all the family know how to escape in the event of a fire
3. Always keep hot drinks out of reach of children and use the cooker's back ring or hotplate and position panhandles so that they can't be pulled over to help reduce burns and scalds
4. Have gas, oil or solid fuel heating appliances professionally serviced once a year to reduce the likelihood of household fires and carbon monoxide poisoning
5. Never use appliances with cracked plugs or worn cables. Avoid overloading electric sockets with too many appliances
6. Avoid fire risks by using guards with all fires and heaters and keep clothing, furniture and curtains away from all heat sources, including candles
7. Reduce trips, slips and falls by always quickly cleaning up spills
8. Poisoning or chemical burns can be prevented by storing medicines and household chemicals out of sight and out of reach of children, preferably in a secure, high-level kitchen cupboard
9. Avoid bath time scalds by running cold water before hot and carefully testing water temperature and never leave children unattended
10. Don't risk electrocution by taking electrical appliances into the bathroom and never touch electrical appliances with wet hands

## CAUTION CAUTION CAUTION

Impact 028 2076 2469

# HAP

## HOME ACCIDENT PREVENTION

### Causeway Coast and Glens

HOME ACCIDENTS CAN BE PREVENTED

**HAP**  
Riada House  
14 Charles Street  
Ballymoney  
BT53 6DZ

**Home  
Accident  
Prevention  
Causeway**

Causeway  
Coast & Glens  
Borough Council

028 2766 0257

[hap@causewaycoastandglens.gov.uk](mailto:hap@causewaycoastandglens.gov.uk)

CAUTION CAUTION CAUTION

## Home Accidents

Unfortunately your home is the place where accidents are most likely to occur. Everyone should be aware of the dangers in the home so that accidents can be avoided.

Every year in the UK almost 6,000 people die in accidents in the home and 2.7 million turn up at Accident and Emergency Departments seeking treatment.



## Home Accident Prevention



Home Accident Prevention is a voluntary network made up of representatives from Environmental Health, Health Promotion, Fire and Rescue Service, Housing Executive and individuals with an interest in accident prevention around the home. There are 11 Home Accident Prevention groups around Northern Ireland which all focus on reducing accidents. Each group targets all ages especially the most vulnerable age groups -young children and older people.

## HAP Causeway Coast and Glens

HAP Causeway Coast and Glens is actively involved in the promotion of safety in the home.

- Provide information and advice on Home Accident Prevention.
- Give educational talks to local groups.
- Provide home safety equipment to homes within Ballymoney Borough under the Home Safety Check Scheme for people over 65 & children under 5.
- Organise events and initiatives to help raise awareness of the dangers in and around the home.
- Carbon monoxide checks

## HAP covers a range of Home Safety TOPICS INCLUDING:

- Slips & Trips
- Falls
- Burns and Scalds
- Fire Safety
- Carbon Monoxide Poisoning
- Chemical Poisoning
- Choking
- Drowning
- Fireworks



## Contact us:

If you would like to arrange a talk / event at your local community group / school / organisation within The Causeway Coast and Glens or require specific home safety advice, or are interested in volunteering / finding out more about HAP please contact **028 2766 0257** or email [hap@causewaycoastandglens.gov.uk](mailto:hap@causewaycoastandglens.gov.uk).



## Hazard House

HAP Causeway coast and glens help run Hazard House, a home safety centre which provides practical safety advice for community groups, schools, youth groups and general public. To book a guided tour around Hazard House please contact **028 2766 0257** or email: [hazardhouse@causewaycoastandglens.gov.uk](mailto:hazardhouse@causewaycoastandglens.gov.uk).

**Injuries in the Home can happen at any time**  
**Together we can help prevent Home accidents**

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## Home Safety Check Self Referral

Name: .....

Address:.....  
.....  
.....

Postcode: .....


Telephone No.:.....

*Please tick the check you require:*

Over 65 Home Safety Check

Under 5s Home Safety Check

For more information please contact us at:

 028 2766 0257

 [hap@causewaycoastandglens.gov.uk](mailto:hap@causewaycoastandglens.gov.uk)

*Please return to the address overleaf*

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