

COLERAINE LEISURE CENTRE
TUITION COURSES APRIL - JULY 2019
JUVENILE SWIMMING LESSONS

MONDAY Main Pool	Level 2	29/04/19 to 01/07/19 No Lessons 06/05/19 27/05/19	3.45 – 4.15pm	Monday Classes will take place across the pool Levels 2 - 7 Levels 8 - Stroke Development Lengths	8 weeks	8 Weeks Juvenile Swimming Lessons £46.00
	Level 4		3.45 – 4.15pm			
	Level 6		3.45 – 4.15pm			
	Level 9		3.45 - 4.15pm			
	Level 3		4.15 – 4.45pm			
	Level 5		4.15 – 4.45pm			
	Level 7		4.15 – 4.45pm			
	Level 10		4.15 - 4.45pm			
	Level 2		4.45 – 5.15pm			
	Level 4		4.45 – 5.15pm			
	Level 6		4.45 – 5.15pm			
	Stroke Dev		4.45 – 5.15pm			
MONDAY Minor Pool	Minnows 3		3.45 – 4.15pm	Monday	8 weeks	
	Minnows 2		4.15 – 4.45pm			
	Minnows 1		4.45 – 5.15pm			
	Minnows 3		5.15 - 5.45pm			
TUESDAY Main Pool	Level 3	30/04/19 to 25/06/19	3.45 – 4.15pm	Tuesday Classes will take place across the pool Levels 2 - 7 Levels 8 - Stroke Development Lengths	8 weeks	
	Level 4		3.45 – 4.15pm			
	Level 6		3.45 – 4.15pm			
	Level 10		3.45 – 4.15pm			
	Level 3		4.15 – 4.45pm			
	Level 5		4.15 – 4.45pm			
	Level 7		4.15 – 4.45pm			
	Level 9		4.15 – 4.45pm			
TUESDAY Minor Pool	Minnows 4		3.45 – 4.15pm	Tuesday	8 weeks	
	Minnows 1		4.15 – 4.45pm			
	Minnows 2		4.45 – 5.15pm			
	Minnows 3		5.15 - 5.45pm			
THURSDAY Main Pool	Level 3	09/05/19 to 27/06/19	3.45 – 4.15pm	Thursday Classes will take place across the pool Levels 2 - 7 Levels 8 - Stroke Development Lengths	8 weeks	
	Level 5		3.45 – 4.15pm			
	Level 7		3.45 – 4.15pm			
	Level 8		3.45 – 4.15pm			
	Level 2		4.15 – 4.45pm			
	Level 4		4.15 – 4.45pm			
	Level 6		4.15 – 4.45pm			
	Stroke Dev		4.15 – 4.45pm			
THURSDAY Minor Pool	Minnows 2		3.45 – 4.15pm			
	Minnows 2		4.15 – 4.45pm			
	Minnows 3		4.45 – 5.15pm			
	Minnows 4		5.15 - 5.45pm			

All children enrolling in Swimming Lessons must be 4 years of age on the date the Course commences.

All children must enrol on the level the coach has recommended.

If a coach feels that the child's ability is surpassing/lacking the appropriate level, he/she has the right to remove them and recommend a higher/lower level.

COLERAINE LEISURE CENTRE
TUITION COURSES APRIL - JULY 2019
JUVENILE SWIMMING SATURDAY LESSONS

SATURDAY Minor Pool	Minnows 2	11/05/19 to 22/06/19	9.30 – 10.00am	Saturday	8 Weeks	8 Weeks Juvenile Swimming Lessons £46.00
	Minnows 2		9.30 – 10.00am	Classes will Take place In the Minor Pool		
	Minnows 3		10.00 – 10.30am			
	Minnows 2		10.00 – 10.30am			
	Minnows 1		10.30 – 11.00am			
	Minnows 3		10.30 – 11.00am			
All children enrolling in Swimming Lessons must be 4 years of age on the date the Course commences. All children must enrol on the level the coach has recommended. If a coach feels that the child’s ability is surpassing/lacking the appropriate level, he/she has the right to remove them and recommend a higher/lower level.						

PILATES

PW1A	Held in The Court	Improvers	05/09/18 to 12/12/18	10.00 – 11.00am	Wednesday	15 weeks	£60.00
PW1B		Beginners		11.00am - Noon	Wednesday	15 weeks	
PT1A		Improvers	06/09/18 to 13/12/18	6.00 – 7.00pm	Thursday	15 weeks	
PT1B		Improvers		7.00 – 8.00pm	Thursday	15 weeks	
PT1C		Beginners		8.00 – 9.00pm	Thursday	15 weeks	