

Title of Report:	Sport and Wellbeing Grant Programme 2024-2025
Committee Report Submitted To:	Leisure & Development Committee
Date of Meeting:	21 May 2024
For Decision or For Information	For Decision
For discussion In Committee	No

Linkage to Council Strategy (2021-25)			
Strategic Theme	Healthy & Engaged Communities		
Outcome	Citizens and communities are supported to develop improved approaches to health and wellbeing and lifestyle choices as they progress through the Covid 19 recovery journey		
Lead Officer	Funding Unit Manager		

Budgetary Considerations			
Cost of Proposal	£20,000		
Included in Current Year Estimates	YES		
Capital/Revenue	Revenue		
Code			
Staffing Costs	N/A		

Legal Considerations			
Input of Legal Services Required	NO		
Legal Opinion Obtained	N/A		

Screening Requirements	Required for new or revised Policies, Plans, Strategies or Service Delivery Proposals.			
Section 75 Screening	Screening Completed:	Yes/No	Date:	
_	EQIA Required and Completed:	Yes/No	Date:	
Rural Needs Assessment (RNA)	Screening Completed	Yes/No	Date:	
	RNA Required and Completed:	Yes/No	Date:	
Data Protection Impact	Screening Completed:	Yes/No	Date:	
Assessment (DPIA)	DPIA Required and Completed:	Yes/No	Date:	

### 1.0 Purpose of Report

To recommend to members a Pilot Sport and Wellbeing Grant Programme aimed at promoting the positive mental health and wellbeing of residents of the Causeway Coast and Glens Borough Council area.

#### 2.0 Background

In December 2023 Council agreed a Notice of Motion "to create a grant programme to encourage and facilitate local sporting organisations to specifically help with mental health and wellbeing in the Causeway Coast and Glens Borough Council area". It was further agreed that the Funding Unit would "look into the expense of the creation of this grant" with "financial assistance to be split equally amongst sporting organisations".

### 3.0 Strategic Context

Applicants to the grant programme must demonstrate how the grant will be used to contribute towards Causeway Coast and Glens Community Plan under the following outcomes:

**Outcome 1:** All people of the Causeway Coast and Glens benefit from improved physical health and mental wellbeing.

This means that:-

The people of the Causeway Coast and Glens will have increased opportunities to participate in sustained physical activity.

**Outcome 3:** All people of the Causeway Coast and Glens can live independently as far as possible and access support services when they need it.

This means that:-

The people of Causeway Coast and Glens will be supported in making healthy lifestyle choices which protect and enhance their physical and mental health and wellbeing.

## 4.0 <u>Draft Pilot Sport & Wellbeing Grant Programme</u>

#### Programme aim:

The Grant Programme will support physical and wellbeing projects through sporting clubs and community organisations to create and facilitate community projects that will assist in the positive development of physical and mental wellbeing within local communities, and therefore have a positive impact on the residents of the Causeway Coast and Glens Borough Council area.

Priority will be given to projects that:

- 1. Encourage people to get together and make connections through sporting, physical and mental well-being activities.
- 2. Demonstrate how they contribute to the following Community Plan outcomes:
  - Increased opportunities to participate in sustained physical activity.
  - Support people in making healthy lifestyle choices which protect and enhance physical and mental health and wellbeing.

### 5.0 Budget

A total Sport and Wellbeing Grant Budget of £20,000 per annum is recommended.

Council will consider 100% funding of total eligible project costs up to a maximum of £500 per application.

Members are asked to consider options for the allocation of the funds available:

Option	Type of Call	Ranking Detail
1.	Rolling Call	Open until all funds are allocated to successful applicants
2.	Rolling Call	Open until all funds are allocated to successful applicants (with a cap on of £5,000 on individual sporting codes to allow for more distribution across sporting codes)

## 6.0 <u>Criteria for assessment</u>

	Criteria	Score (0-5)	Weighting	Available Score
1	Project Description Projects must encourage people to get together and make connections through sporting, physical and mental well-being activities.  (Applicants must providing details of what, when, where and how).		X 8	40
2	Identified Need.  How need was identified, were potential participants consulted,  Number and type of beneficiaries.		X 4	20
3	Strategic fit with Council's Community Plan Outcomes:  Increased opportunities to participate in sustained physical activity  Support people in making healthy lifestyle choices which protect and enhance physical and mental health and wellbeing.		X 8	40
	Applicants must score above 65%			100

# 7.0 Recommendation

It is recommended that the Leisure & Development Committee:

- 1. Approve a £20,000 Pilot Sport & Well- being Grant Programme.
- 2. Consider 100% funding of total eligible project costs up to a maximum of £500 per application.
- 3. Approve either Option 1 or Option 2 for the fair distribution of the Sport & Well-being Grant Programme.
- 4. Approve the criteria as set out in the table in section 6.